

# Moyne Community Food Guide

Updated: 25/03/2026

The Moyne Community Food Guide was created to support Moyne residents in accessing readily available food and fresh produce. Food insecurity has become an increasing concern with demand for emergency food relief on the rise. Food insecurity exists "whenever the availability of nutritionally adequate and safe foods or the ability to acquire acceptable food in socially acceptable ways is limited or uncertain" (Food and Agricultural Organization, 2012).

If you, or anyone you know is experiencing hardship, this guide lists various services and agencies that can provide support with food vouchers, hampers, food swaps and community pantries.

This guide was developed by South West Healthcare's Health Promotion team and acknowledges the contributions of Moyne Shire Council.

To access both the **Warrnambool** and **Corangamite Community Food Guides** please follow the [LINK](#), QR code or go to South West Healthcare website ([southwesthealthcare.com.au](http://southwesthealthcare.com.au)) and click Departments - Health Promotion - Food Relief in South West Victoria and they will be found in the right column.

## Scan Me

To provide feedback  
and go in the running  
to win a voucher



<https://forms.office.com/r/2YgafVuZg6>



## Scan Me

To find the  
Warrnambool and  
Corangamite guides



<https://southwesthealthcare.com.au/health-promotion/food-relief-in-south-west-victoria>

## Disclaimer

The information contained in the brochure is intended to support, not replace, discussion with your doctor or health care professional.

The information contained in the Community Food Guide is correct at the time of publication (March 2026).

Please bear in mind that some information may have changed at the time of reading and it's important that you confirm the information in this guide with the organisations directly.

## Submit, Update or Remove a listing in the guide: Tell us about services missing using the online form

If you would like to suggest an inclusion or update to a service listed in this guide, please either fill out the Community Food Guide online form below or email [healthpromotion@swh.net.au](mailto:healthpromotion@swh.net.au). We will update the Community Food Guide regularly as we receive information provided by our community and stakeholders.

<https://forms.office.com/r/KLPhds3GFj>



## Contents

Emergency Relief and Mental Health and Wellbeing Support.....	4
Food Hampers and Vouchers.....	5
Community Pantries, Food Swaps, Community Gardens & Markets.....	6
Home Delivered Meals & Grocery Services.....	9
Community Food Education & Programs.....	10

## Emergency Relief and Mental Health and Wellbeing Support

Experiencing food insecurity can influence the physical, mental, and social wellbeing of both adults and children. For mental health and wellbeing support you can contact any of the following services.

- Beyond Blue on **1300 22 4636**
- Lifeline on **13 11 14**
- Headspace (12-25 years old) on **1800 650 890**
- Aboriginal & Torres Strait Islander crisis support line 13YARN (13yarn.org.au) on **13 92 76**
- Rural Aid on **1300 175 594**

Local support services:

- South West Healthcare – Mental Health and Wellbeing Services on **1800 808 284**
- Headspace Warrnambool (12-25 years old) on **1300 276 749**
- Brophy Family and Youth Services on **(03) 5561 8888**
- Gunditjmara Aboriginal Cooperative Ltd on **(03) 5559 1234**

## Food Hampers and Vouchers

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Western District Food Share</b> (24a Harrington Rd, Warrnambool)	Emergency food assistance in the form of hampers (3 days' supply of food). Provide food hampers to organisations and agencies in the community for distribution to clients	Hampers include fresh (fruit and veg), frozen (meat and meals), chilled (dairy and eggs) and staple pantry products – may vary depending on the food available	Free	Monday-Friday 8:30am -11:30am for agency pick up	Nil	<b>No walk ins</b>  Orders for hampers can only be placed via the Agency Hotline by organisations who are registered with Food Share. Registered Agencies staff collect hampers for distribution.  0428 197 715
<b>Moyne Health Service</b> (30-36 Villier Street, Port Fairy)	Food hampers	Food provided by Western District Food Share (see above)	Free	Available in business hours 8:00am – 4:30pm	For those in Port Fairy and Koroit areas	Walk in service in business hours to request a food hamper or call (03) 5568 0100 for inquiries and to organise food hamper
<b>Anglicare</b> (42 Boundary Road, Mortlake)	Food packages Prescription vouchers Social support	Non-perishable foods (canned goods or packet goods)	Free	3rd Thursday of every month (excluding public holidays) 1:00pm -3:00pm	Nil	Walk in  Identification needed (Centrelink or health care card preferred but others accepted)  Call 0458 750 351 for more information

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Terang &amp; Mortlake Health Service</b> Mortlake Community Health Centre (23 Boundary Road, Mortlake)	Food hampers	Non-perishable foods (canned goods or packet goods)	Free	Monday-Friday 8:00am – 4:00pm	Nil	Walk in (no deliveries)  OR  Call 5558 7000 to organise

### Community Pantries, Food Swaps, Community Gardens & Markets

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>The Six Cs</b>	Community Cupboards - mini supermarkets stocked with non-perishable food and personal care items. They are accessible 24/7 so that people can visit without needing to ask for help or explain themselves, they require no appointments or registrations.	Non-perishable food and personal items	Free	Available 24/7	Nil	<p>Located at:</p> <ul style="list-style-type: none"> <li>• <b>Winslow Fire Station</b> – Church Street Winslow</li> <li>• <b>Toolong Fire Station</b> – 11 Toolong West Rd, Toolong</li> <li>• <b>Caramut Fire Station</b> – 15 Gibson St, Caramut</li> <li>• <b>Ellerslie Fire Station</b> – 30 Ellerslie – Panmure Rd, Ellerslie</li> <li>• <b>Nullawarre Fire Station</b> – Great Ocean Rd, Nullawarre</li> <li>• <b>Bessiebelle Fire Station</b> – 18 School Rd, Bessiebelle</li> </ul> <p>For more information visit <a href="https://thesixcs.com.au/south-west-vic-community-cupboards/">https://thesixcs.com.au/south-west-vic-community-cupboards/</a></p>

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Port Fairy Community House</b> (5 Railway Place, Port Fairy)	Community Garden	The garden features a variety of beds planted seasonally with herbs and vegetables available for the community to use	Free Patrons advised to take only what you need	Available 24/7	Nil	For inquires call (03) 5568 2681 or email <a href="mailto:info@portfairycommunityhouse.com.au">info@portfairycommunityhouse.com.au</a>  Or visit <a href="https://www.portfairycommunityhouse.com.au/">https://www.portfairycommunityhouse.com.au/</a>
	Share Shed	Fresh vegetables and fruit cart, seed and plant swaps, book exchange, Western District Food Share bin, community noticeboard, and other evolving local charitable initiatives	Free Patrons advised to take only what you need	Available 24/7	Nil	
	Port Fairy Community Market	Many food vendors selling fresh and cooked produce	Varying costs	Every 2nd and 4th Saturday of the month 9:00am – 1:00pm	Nil	
<b>Koroit Community Garden</b> (Between Koroit Senior Citizens Building and Koroit Library on High Street)	Community Garden	The garden features a variety of beds planted seasonally with herbs and vegetables available for the community to use	Free	Available 24/7	Nil	For inquires email <a href="mailto:KoroitCommunityGarden@gmail.com">KoroitCommunityGarden@gmail.com</a>

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Koroit Community Produce and Plant Swap</b> (Koroit Theatre – 149 Commercial Road, Koroit)	Plant and produce swap	Fresh produce (fruits, vegies, flowers, seedlings, potted plants and cuttings)	Free – donate produce to take something  Patrons advised to take only what you need	2nd Saturday of every month 10:00am – 11:00am	Nil	Walk in  <a href="https://www.facebook.com/people/Koroit-Community-Produce-Plant-Swap/61552324760679/">https://www.facebook.com/people/Koroit-Community-Produce-Plant-Swap/61552324760679/</a>
<b>Port Fairy Farmers Market</b> (Railway Place, Bank Street, Port Fairy)	Community Market	Many food vendors selling fresh and cooked produce	Varying costs	For market dates refer to website  Rotating Saturdays from 8:00am – 1:00pm	Nil	For more information, please contact Anita Watts at <a href="mailto:pfshow1@outlook.com">pfshow1@outlook.com</a>  For market dates please see website <a href="https://www.showgrounds.port-fairy.com/port-fairy-farmers-market">https://www.showgrounds.port-fairy.com/port-fairy-farmers-market</a>
<b>Mortlake Market</b> (Market Square, Mortlake)	Monthly market with a variety of stall	Food, sweet treats, fresh produce, coffee, trees and plants, honey, BBQ and much more.	Varying costs	For market dates refer to the Facebook page or contact via email	Nil	Contact <a href="mailto:mortlakemarket@gmail.com">mortlakemarket@gmail.com</a> or check <a href="https://www.facebook.com/p/Mortlake-Market-100064365991519/">https://www.facebook.com/p/Mortlake-Market-100064365991519/</a> for information on dates

## Home Delivered Meals & Grocery Services

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Meals on Wheels-Moyne Shire Council</b>	Variety of cooked home delivered meals	<p>Frozen Meals via Lite and Easy for Clients on CHSP and HACC-PYP in areas other than Mortlake.</p> <p>Fresh Meals delivered in Mortlake via Aberlea. Clients with Support at Home funding have more options.</p>	Costs are dependent on program the client is accessing through My Aged Care (CHSP or Support at Home) or HACC-PYP. Client contributions may apply.	<p>Fresh meals available on weekdays from Aberlea, Mortlake for local and eligible clients.</p> <p>Frozen meals delivered once a week for eligible clients who don't reside in or around the Mortlake area.</p>	People aged 65+ must be approved to receive services through My Aged Care. Under 65 with a disability can contact the community care team to determine eligibility	Community Care team for assistance <a href="mailto:agedcare@moyne.vic.gov.au">agedcare@moyne.vic.gov.au</a> or (03) 5568 0555.
<b>Coles Supermarket</b>	Home delivered groceries	Nil	Cost of delivery depends on grocery spend & geographical location	Monday-Sunday	Nil	<p>Delivery depends on where you live</p> <p>Order by signing up online at <a href="https://www.coles.com.au/">https://www.coles.com.au/</a></p>
<b>Woolworths Supermarket</b>	Home delivered groceries	Nil	Cost of delivery depends on grocery spend & geographical location	Monday-Sunday	Nil	<p>Delivery depends on where you live</p> <p>Order online through <a href="https://www.woolworths.com.au/">https://www.woolworths.com.au/</a> Or Phone 1800 000 610 for inquiries</p>

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>IGA</b>	Home delivered groceries	Nil	Cost of delivery depends on grocery spend & geographical location	Days and times vary	Nil	<p>Delivery depends on where you live and what store you are accessing</p> <p>Check <a href="https://www.igashop.com.au/">https://www.igashop.com.au/</a> to see whether delivery to your address is available</p>

### Community Food Education & Programs

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
<b>Everyday Foodies South West Healthcare</b> (Ryot St, Warrnambool)	Everyday Foodies is a 2-3-hour workshop run by the South West Healthcare Health Promotion Team. Everyday Foodies provides information on population based healthy eating evidence, food insecurity and the social determinants to healthy eating. The workshop equips participants with knowledge and increased capacity to promote healthy	Nil	Free	Phone or email for enquiry	Nil	<p>For more information Phone 5563 4000 and ask for the Health Promotion Team or email <a href="mailto:healthpromotion@swh.net.au">healthpromotion@swh.net.au</a> for more information</p>

Organisation	Service	Food Provided	Cost	Days and Times	Eligibility Criteria	Access/Referral/Delivery
	eating and address food insecurity.					
<b>Easy Eats</b> (Ryot St, Warrnambool)	<p>The Easy Eats recipe resources were created to support recipients of food hampers to create a quick, easy, and healthy meals.</p> <p>The simple recipes utilise pantry staples and ingredients commonly found in food relief hampers. Users can follow the printed recipe card or YouTube video to help them create a meal.</p>	Nil	Free	Not applicable	Nil	<p>To access recipe resource use the below links:</p> <p><a href="https://southwesthealthcare.com.au/health-promotion/easyeats">https://southwesthealthcare.com.au/health-promotion/easyeats</a></p> <p>For more information please phone 5563 4000 and ask for the Health Promotion Team or email <a href="mailto:healthpromotion@swhealthcare.com.au">healthpromotion@swhealthcare.com.au</a> for more information</p>

