

GLENELG SHIRE COMMUNITY FOOD RELIEF SERVICE GUIDE

This resource has been developed in partnership with the Portland District Health, Health Promotion Team in consultation with community food relief partners. It will be updated as new information becomes available.

It is intended to be used as a resource for agencies.

Last updated: September 2024



- FREE SHARED COMMUNITY MEALS -

Rock Church Heywood						
Free morning tea Wednesdays 10am-12pm Edgar Street Heywood (Next to post office) 5523 5217						
M	T	W	T	F	S	S
Citiport Church Portland						
Free shared morning tea Wednesdays 10am Presbyterian Church Hall 15 Tyers Street Portland 0401 830 673						
M	T	W	T	F	S	S
Uniting Church Portland						
Free shared morning tea Thursdays 10am Uniting Church 61 Percy Street Portland 5523 2455						
M	T	W	T	F	S	S
Salvation Army Portland						
Free cuppa and toastie Fridays 10am-11am Salvation Army Portland 33 Henty Street Portland 5523 3749						
M	T	W	T	F	S	S
Portland Community Mealshare						
Free shared community dinner Mondays 5:15pm Salvation Army Portland 33 Henty Street Portland 5523 3749						
M	T	W	T	F	S	S
DWECH Community Lunch						
Free shared lunch Fridays (fortnightly) DWECH Community Room 18 Wellington Rd Portland 5521 7535						
M	T	W	T	F	S	S
Merino Community Health Centre						
Free shared lunch Thursdays (after exercise group) Mernio Community Health Centre 21 High Street Merino 5579 1303						
M	T	W	T	F	S	S

- FOODBANKS, PANTRIES, HAMPERS AND OTHER SUPPORT -

DWECH

Pantry items available
 Mon-Fri 8:30am-4:30pm
 DWECH
 18 Wellington Road Portland
 5521 7535

M T W T F S S

Rock Church Heywood

Foodbank (Pantry items)
 Wednesdays 10am
 Edgar Street Heywood
 (Next to Post office)
 5523 5217

M T W T F S S

CitiPort Church Portland

Foodbank (Pantry items)
 Wednesdays 10am
 Presbyterian Church Halls
 15 Tyers Street Portland
 0401 830 673

M T W T F S S

United Way Glenelg

Little FREE Pantries (Pantry items)
 Available 24/7
 Multiple locations throughout shire
 0410 513 305

M T W T F S S

Captain Sal

Salvation Army Support Bus
 Coffee, biscuits, breakfast packs,
 and other support
 Tuesdays (when court sits)
 Portland Magistrate's Court
 67 Cliff St Portland
 5523 3749

M T W T F S S

Salvation Army Portland

Fruit & Veg Hampers, Food relief
 hampers & other material aid
 Mon-Fri from 10:30am
 Portland Salvation Army
 33 Henty Street Portland
 5523 3749

M T W T F S S

Merino Community Health Centre

Long-life hampers
 Mon-Fri 9am-5pm
 Merino Community Health Centre
 21 High Street Merino
 5579 1303

M T W T F S S

- FRESH PRODUCE -

Portland Community Garden							Narrawong Food Collective							Heywood Food Swap Cart						
Fresh produce for sale Or, become a member and rent a plot for \$30 a year							Fresh produce swap 24/7 Narrawong Post Office 45 Windham Street Narrawong							Fresh produce swap Mon-Fri (8am-5pm) & Sat (9am-12pm) 37 Edgar Street Heywood						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S

- WESTERN DISTRICT FOODSHARE EMERGENCY FOOD HAMPERS -

If you're linked with one of these agencies, you may be able to receive a free emergency food hamper or bag (with 3 days of food supply) from Western District Foodshare. Contact your agency directly, do not contact Western District Foodshare.

Salvation Army Hamilton	5572 1907
Wellways	4333 0251
Department of Families, Fairness and Housing Victoria	1300 475 170
Meli	5226 8900
Brophy	1300 276 749
South West Healthcare	5563 1666
M Power	5561 8111
Gunditjmara Co-op	5559 1234
Windamara Aboriginal Corporation	5527 0000
Department of Justice	1300 365 111
Rural Finance Team	1800 260 425

Health Promotion Team, Portland District Health
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